



**MEAL PREP**  
AVAILABLE FOR PICK UP ONLY

**PROTEIN**

**Sliced Grilled Chicken \$8**  
Priced per pound

**Sliced Grilled Steak \$25.20**  
Priced per pound

**Grilled Salmon \$24**  
Priced per pound

**JUICES**

**Fresh Pressed Juice**  
Choice of orange, grapefruit, or pineapple  
Half Pint \$4.50  
Pint \$9  
Quart \$14

**Classic Green \$10**  
Apple, cucumber, parsley, spinach, kale, celery,  
lemon, ginger

**Recharge Juice \$10**  
Beet, carrot, apple

**Immunity Juice \$10**  
Ginger, lemon, cayenne

**SIDES**

**Mashed Cauliflower \$10**  
Priced per pound

**Brown Rice \$10**  
Priced per pound

**Roasted Broccoli \$8**  
Priced per pound

**House Veggies \$10**  
Priced per pound

**Israeli Couscous \$10**  
Priced per pound

**BREAKFAST**

**Homemade Granola \$5**  
Priced per half pound

**Protein Balls \$12**  
Priced per dozen

**Veggie Egg Bites \$3.50**  
Priced per individual egg bite

**Bacon Egg Cup \$4**  
Priced per individual egg cup

